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Style resolutions of the already-stylish



Want to boost your style quotient this year? It may be reassuring to learn you're not the only one. Beautiful people share their style resolutions for 2017

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When people are at the top of their game, and have successful careers, not to mention that enviable halo of glamour, you'd think they'd leave good enough alone, right? Not exactly. *Mirror* asked already-stylish personalities about their style resolutions, and guess what? They actually have some.

Shilarna Vaze resolves to wear funky accessories

Chef Shilarna Vaze who runs a celebrity-favoured gourmet catering service, spends most of her time in a chef jacket and jeans, but the vivacious young chef will not let that stop her from making a style statement in 2017. In the new year, she plans to "accessorise my chef outfits with funky earrings, perhaps even ear cuffs as they're trending right now. I also want to experiment with floral headbands and comfortable shoes." Vaze's look will be all about colours this year, which would match well, we imagine, with her bright personality.

Kamal Sidhu resolves to wear more pearls

As actor, talk-show host and video/radio jockey, Kamal Sidhu wears many hats, but, she feels, not enough jewellery. "I have some pearls that I picked up from oyster divers in Vietnam during my honeymoon in 2009, and I think this might be the year when I finally turn them into something I



actually wear," she says.

She also admits to being drawn to jade, star sapphires, gold, leather, and metals, and she will try to incorporate these in her style statement this year. Sidhu wants the emphasis of her 2017 style statement to be on things that make her feel good. "For me, fashion has always been about clothes, fabrics and cuts that make me feel good, whether it's daywear or something dressier for a night out. That's a constant element of my sense of style, and, I make an effort to stick to this as far as possible, more and more each year."

Atul Kasbekar resolves to learn how to tie a bow tie

"There is nothing cooler than a gentleman who can wear a bow tie correctly", says celeb-

rity fashion photographer and film producer, Atul Kasbekar. "I'm going to make this year the year that I finally learn to master the bow tie knot."

Kasbekar also plans to get into a better shape this year because he knows that, "clothes look and feel better on a fitter body." Well-tailored suits, Kasbekar believes, are man's best friend. "I really like clean-cut suits for men. These are in vogue these days, and I fully intend to stick to them for formal occasions. I believe you can't go wrong with a suit."

Gayatri Ruia resolves to experiment with purple

"I plan to sport more hand-woven fabrics including cotton, linens, and fabrics that boast ikat like Telangana's gorgeous Pochampally saris," says Gayatri Ruia, the director of a prominent retail company. She also wants to build a collection of statement shawls before the season turns. Shawls, she believes, can be used to make quite a powerful style statement.

Gayatri also mentions that she will be experimenting with the colour purple more, the colour which has been ruled the fashion runways this year. "It's a shade that has, for some reason, remained absent from my wardrobe, and I hope to change that in 2017."

Arjun Kanungo resolves to not wear old tee-shirts

Arjun Kanungo, of 'Baaki Baatein Peene Baad' and fame, has a style resolution which might resonate with many. "I have a Batman print tee-shirt which I have had forever, but I think this may be the year that I finally leave this behind. There just isn't any space left in my wardrobe and, besides, I feel it's time for a serious wardrobe overhaul," he says. Kanungo has

ASK THE SEXPERT
 DR MAHINDER WATSA

1 I am a 42-year-old lesbian. In the past I've had relationships with men but I didn't enjoy these at all. However, my family introduced me to a family friend recently. We're good friends, and we have even had sex. But, now, they are insisting that I get married to him. Should I be open with him about my bisexuality? Will our marriage work out?
 You will have to decide which path you wish to take. Should you choose to marry this man even though your other tendency is stronger, then

it can cause unhappiness amongst the two of you.

2 I suffer from high blood pressure. I am 43 years old. However, my sex life is satisfactory. Would I be exposing myself to any danger if I should start taking Viagra to enhance my sex life?
 If your sex life is satisfactory, why take any further medication. If you insist on doing this, you will have to visit your doctor before taking a tablet like Viagra. Some medications, when combined with

Viagra, can be dangerous and even prove fatal.

SEND YOUR QUERIES TO
 Ask the Sexpert, Mumbai Mirror, Times Of India Building, Dr D N Road, Mumbai 400001 or email at drwatsa@timesgroup.com. Contact Dr Watsa, send an email to mcwatsa@hotmail.com

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